



Get Up & Go! City Award Program

Are you a Get Up & Go! Community?

Get Up & Go! has launched an award program for cities in St. Clair County that **BEST** exemplify the attributes of a Get Up & Go! Community.

We want to recognize and reward communities that are working to *make healthy choices available to their residents.* Your stories can inspire other communities to follow your good example. Where we live is one of the **MOST IMPORTANT** factors in determining our health. The availability of healthy foods and safe, attractive public spaces for exercise make it possible for people to make healthy choices.

Complete our Get Up & Go Community Application!

Communities wishing to be considered can download the application at:

www.getupgo.info/communityapplication

Those who meet the requirements for a Get Up & Go! community will be *announced and recognized* at the **Health Policy Summit on March 2, 2017**. The top community will also receive a **\$1000 prize** to further your work in promoting health in your community.

Communities wishing to be considered should submit applications by February 1, 2017!

Get Up & Go! is working to transform St. Clair County into one of the Nation's healthiest counties by focusing on healthy eating and active lifestyles!

For more information, please contact:

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